# 6<sup>th</sup> ESPNIC Research School 5-7 February 2026 Lausanne, Switzerland





# The Research School

This two-and-a-half days' program aims to build research methods knowledge and research capacity by promoting future collaboration and networking between multidisciplinary healthcare professionals working in paediatric and neonatal acute and critical care.

Lectures, and discussions are led by established professorial faculty with many years of experience in paediatric and neonatal critical care.

The course is intended for all **clinicians and researchers** (physicians, nurses, allied health professionals, psychologists, and others) interested in clinical research and evidence-based practice in paediatric and neonatal critical care, anaesthesia, emergency and acute paediatric medical specialties. The program is designed as a road map from developing your research to becoming an established clinical academic, and provides:

- Opportunities for participants to discuss their projects/ideas in safe and facilitated peer group discussions.
- Keynote plenary lectures and interactive workshops. Various research methodological approaches to answer innovative clinical questions.
- To practice communication skills via the 3-minute study pitch and automatically enter the contest. Participants of the top 3 best pitches will win prizes (1<sup>st</sup> prize: free entry to next ESPNIC congress, 2<sup>nd</sup> prize: free research school, 3<sup>rd</sup> prize free ESPNIC membership for one year).
- Networking opportunities with people who share similar passions and interests
- To build national, European, and international research collaborations in paediatric- and neonatal-related fields
- To create networks of early career and senior researchers in these fields.
- In addition to the 2-day educational program, a half-day Writing for
   Publication workshop will be offered to allow clinicians and researchers

with a draft paper ready, to benefit from the expertise of journal editors in refining this ready for submission

#### LOCATION

This in-person Research School will take place in Lausanne Switzerland at the Childrens' hospital-CHUV.

#### COST

ESPNIC Members: 240€

Payment link: <a href="https://buy.stripe.com/28E14m2Ey5nH8I65niefC01">https://buy.stripe.com/28E14m2Ey5nH8I65niefC01</a>

ESPNIC Non-Members: 290€

Payment link: <a href="https://buy.stripe.com/00weVc7YS3fz0bAeXSefC0m">https://buy.stripe.com/00weVc7YS3fz0bAeXSefC0m</a>

Registration deadline is Dec 30, 2025.

Note. Please be aware that you can apply to become an ESPNIC member before the 30<sup>th</sup> of Dec to benefit from the members rate <u>and</u> membership until the 31 of December 2026.

The fee covers participation in the two-day program, half-day workshop, and coffees/teas. Lunch is available at a reduced rate, and the course dinner is optional and not included in the price.

# **APPLICATIONS**

Please click the link below to submit your application and pay for your seat.

ESPNIC Research School - ESPNIC

# **Meet The Faculty Team**



#### PROF ANNE-SYLVIE RAMELET

Switzerland

Anne-Sylvie Ramelet, RN, RSCN is a Full Professor and Head of the PhD in nursing sciences program at the Institute of Higher Education and Research in Healthcare - IUFRS of the Faculty of Biology and Medicine at the University of Lausanne, Switzerland. She is also a Nurse Consultant for Pediatric Nursing Research at the Department of woman, mother, and child at the University Hospital of Lausanne - CHUV, Switzerland. Prior to her academic career, she worked as a registered nurse in neonatal, paediatric, and adult intensive care for more than 15 years mainly in Australia, but also in Switzerland.



### **PROF JOS M. LATOUR**

UK

Jos Latour is a professor of clinical nursing at the University of Plymouth (UK) and visiting professor of nursing at Zhongshan Hospital of Fudan University in Shanghai (China). Jos has been a paediatric and neonatal intensive care nurse for over 40 years. His clinical post is based at the Musgrove Park Hospital in Taunton in the UK where he is the director of the Clinical School aiming to drive research forward with clinical staff. The research programs of Jos are related to patient- and family-cantered care, end-of-life, emergency, and sepsis.



#### **PROF LYVONNE N. TUME**

UK

Professor Tume is Professor of Critical Care Nursing at Edge Hill University. She holds an clinical and research contract in PICU at Alder Hey Children's Hospital. She is an Associate Editor for Nursing in Critical Care and on the editorial board for Pediatric Critical Care Medicine. She is a PICU nurse with over 30 years' experience both in Australia and in the UK (dual British and Australian citizenship) and continues to maintain some

clinical practice. She has over 170 peer-reviewed publications and has held several NIHR research grants, including being the chief investigator for a multicentre trial, one of the few nurses to have led a trial of this size. She is part of three research funding panels (one UK and 2 European) and currently supervises five post graduate research students.

#### PROF LUREGN SCHLAPBACH

Switzerland

Luregn Schlapbach is Head of the 41-bed multidisciplinary Pediatric and Neonatal Intensive Care Unit at the University Children's Hospital Zurich, Switzerland, and Chair of the ESPNIC Section on Infection, Inflammation, and Sepsis. He has published over 200 papers in the field and has received several large grants with a focus on clinical trials on sepsis, infection, and inflammation in critically ill children. After having worked for a decade as a paediatric intensivist in Australia he maintains an active research program on Sepsis, Infection, and Inflammation in Critically Ill Children at the University of Queensland. He is the Past Chair of the Australian and New Zealand Intensive Care Society Pediatric Study Group.



# PROF Joseph C. Manning

UK

Prof. Joseph Manning MBE is a Clinical-Academic Children's Nurse with a strong national and international profile within the fields of nursing, paediatric critical care, and clinical academic capacity and capability development. He is the Professor of Nursing and Child Health in the School of Healthcare at the University of Leicester and Nottingham Children's Hospital at Nottingham University Hospitals NHS Trust, UK. He leads a methodologically diverse (exploratory through to intervention development and testing) but clinically focused program of research with a mission to improve the experiences, outcomes and lives of children, young people and their families that access acute care. He has received more than £8 million in competitive grant capture from national and international funders. He was part of the team the first conceptualized post-intensive care syndrome in the paediatric population (PICS-p) and has built a strong program of research in this field. He is the Chief investigator of the NIHR funded UK national OCEANIC study that is exploring long term outcomes of children and families following PICU, and a Co-Investigator of the North American PICS-p Longitudinal cohort study, the Singaporean SHACK study, and the Swiss PICS-PF Study.



Dr. IBO MACDONALD

Switzerland

Dr. MacDonald is a nurse, originally from Canada and a postdoctoral fellow in the Family and Child Cantered Care Research Group at the Institute of Higher Education and Research in Healthcare (IUFRS) at the University of Lausanne. She developed expertise in the development of an online, evidence based, integrated clinical decision support tool for the assessment and management of pain, sedation, delirium, and iatrogenic withdrawal for use in paediatric intensive care units. Dr. MacDonald is also an expert in systematic reviews and evidence-based clinical guidelines. She is currently co-leading an expert group in the development of the first European patient- and family-informed guideline for the management of pain, sedation, delirium, and withdrawal

in PICUs. She has specialized in implementation science, focusing on transferring evidence-based practices in many healthcare organizations. Her doctoral project, "PERTINENCE," focused on designing an evidence-informed computerized clinical decision support tool that integrates the assessment of pain, sedation, delirium, and withdrawal for use in pediatric intensive care units (PICUs).



# **Dr Laurel Mimmo (Australia)**

Laurel Mimmo, PhD, MPH/MHM, RN is the Senior Research Fellow with the Nursing Research Unit, and current Kids Research Clinician Researcher Fellow (Nursing) at The Sydney Children's Hospitals Network. Dr Mimmo has over 25 years' experience working in paediatric healthcare, including 15 years' clinical experience as a paediatric nurse and over 10 years working in quality and safety roles in paediatric healthcare. Her interests are in achieving equitable quality, safety and patient experience outcomes for children and young people with intellectual disability, and developing meaningful, effective and inclusive participatory research methods with this group.

# **AGENDA**

# DAY 1, 5 February 2026

Time	
08:30	Registration
09:00-09:30	Welcome and Introduction Prof. Anne-Sylvie Ramelet & Prof Luregn Schlapbach
09:30-10:15	From clinical question, to delivering, implementing and publishing: A road map Prof Jos Latour
10:15-10:45	Coffee break and networking
10:45-11:30	Getting your research question right and matching your methodology Prof. Lyvonne Tume
11:30-12:00	Ensuring equity, diversity and inclusion in your research Prof Joseph Manning
12:00-12:30	Planning, engagement with patients and families and reporting this well (PPIE)  Dr Laurel Mimmo
12:30-13:30	Lunch and Networking
13:30-14:00	What type of literature review should I choose and how are they different?  Dr. Ibo MacDonald
14:00-15:30	WORKSHOPS Developing your question, creating a search strategy based on this, screening papers and managing your references (Hands-on practice using Rayyan screening software and managing your references)  All Faculty members
15:30-16:00	Coffee break and networking
16:00-16:30	How to use AI in research ethically:  Top Tips and what NOT to do  (to be confirmed)
16:30-17:00	How to prepare your 3-minute study pitch Prof Jos M. Latour
19:30	Optional dinner and networking

# AGENDA DAY 2, 6 February 2026

Time	Group A	Group B	
08:30-10:30	3 Minutes Thesis (or study) Pitches session Prof Jos M. Latour		
10:30-11:00	Coffee break and Networking		
11:00-12:00	Issues to consider when planning your QUALITATIVE study Prof Joseph Manning	Issues to consider in designing your QUANTITATVE study Prof Luregn Schlapbach Prof Lyvonne Tume	
12:00-13:00	Lunch and networking		
13:00-13:30	Combining qualitative and quantitative data: Using a Mixed-Methods approach Prof Jos M. Latour		
13:30-14:00	Establishing research collaborations Prof Luregn Schlapbach		
14:00-14:30	Getting funding for your research – why, how and top tips Prof Lyvonne Tume		
14:30-15:00	Coffee		
15:00-15:30	Planning your research impact and moving beyond passive dissemination Prof Joseph Manning & Prof Luregn Schlapbach		
15:30-16:15	Continuing your research journey: developing your programme of research Prof Lyvonne Tume & Prof Anne-Sylvie Ramelet		

# **AGENDA**

# DAY 3, 7 February 2026

Half day – day 3 Optional – Writing Workshop

Time	
09:00-09:30	Preparing your manuscript
	Prof Jos Latour
09:30-12:00	Writing for publication workshop
	Bring your review, research or other project material to prepare
	your manuscript.
	Individual support by Faculty members
12:00-13:00	Responding to reviewers' feedback
	Why papers get rejected: an editor's perspective
	Prof Lyvonne Tume & Prof Anne-Sylvie Ramelet

# **General Information**

#### **DATE AND VENUE:**

Monday 5<sup>th</sup> to Wednesday 7<sup>th</sup> of February 2024

<u>Children's hospital</u>, Rue du Bugnon 50, 1010 Lausanne, Switzerland

# LANGUAGE OF THE RESEARCH SCHOOL

**English** 

# **ORGANIZING SECRETARIAT & CONTACT INFORMATION**

**ESPNIC Secretariat Office** 

Email: info@espnic.eu

#### Accommodation

<u>www.trivago.ch</u> can help you find the cheapest option for a wide range of hotels in Lausanne and around.

# Alternative low cost accommodation options

https://www.french.hostelworld.com/pwa/hosteldetails.php/Lausanne-Youth-Hostel-Jeunotel/Lausanne/15746?from=2024-02-04&to=2024-02-07&guests=1&origin=microsite



